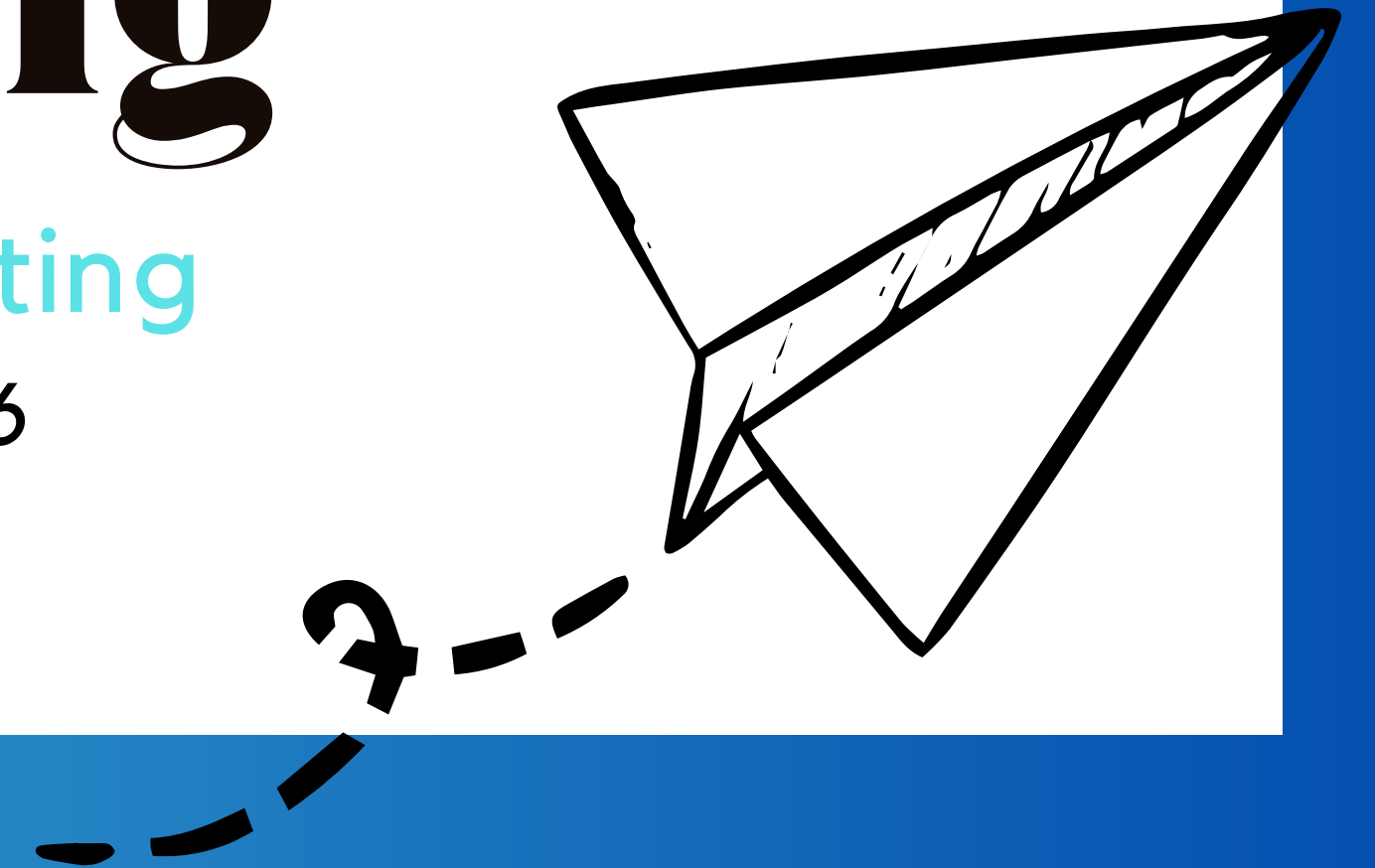


Post – Secondary Planning

Junior Parent Meeting

NBTHS Class of 2026





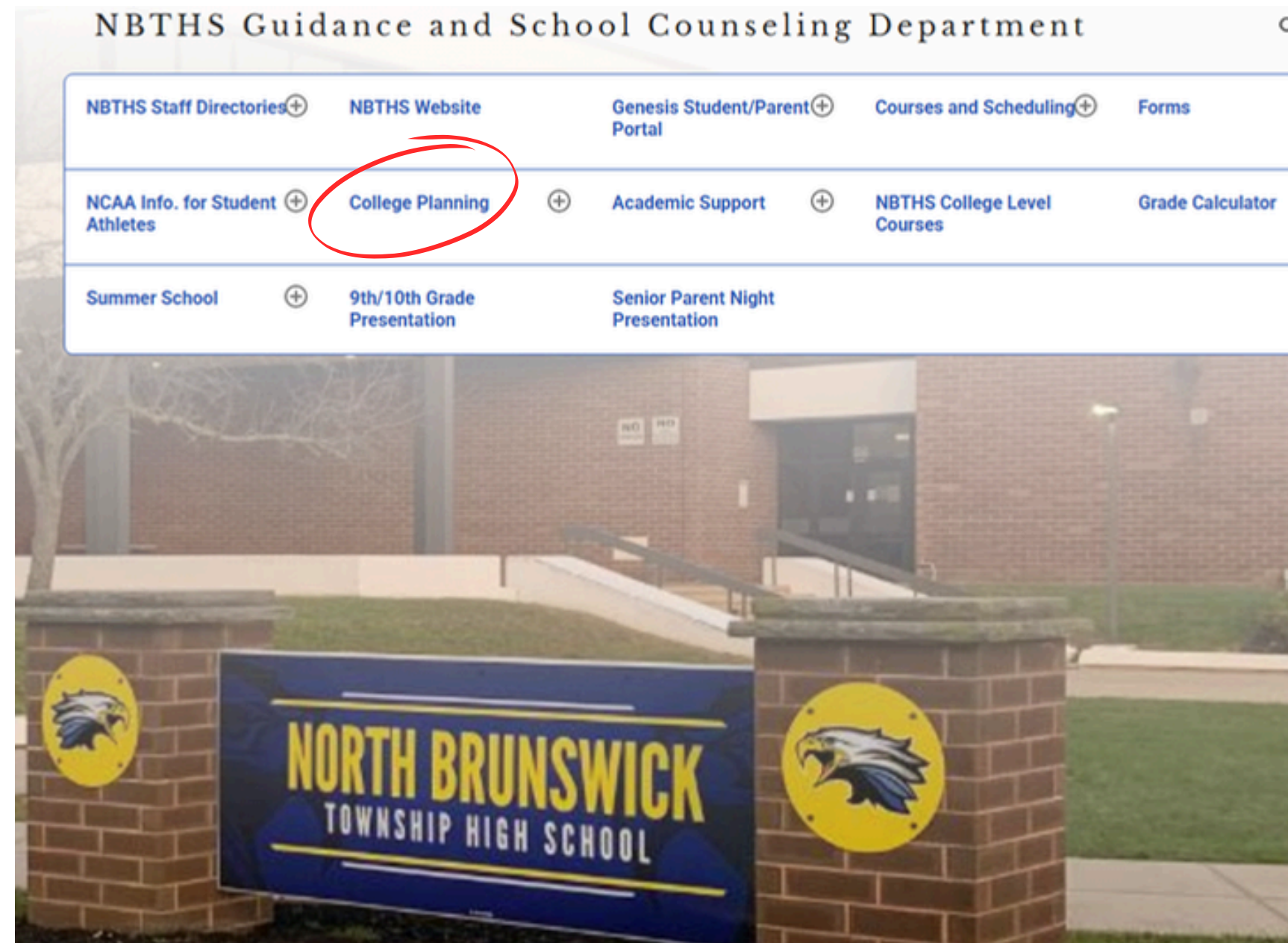
Meet the Counselors

Students' Last Names	Staff Member	Email	Telephone (732) 289-3700
A-Cama	Ms. Sadowski	asadowski@nbtschools.org	Ext. 73020
Camb-Floo	Mrs. Quiwa-Sowinski	jquiwa-sowinski@nbtschools.org	Ext. 73024
Flop-J	Mr. Bitalla	sbitalla@nbtschools.org	Ext. 73055
K-Miha	Mrs. Coleman-Cruz	rcoleman-cruz@nbtschools.org	Ext. 73017
Mihb-Port	Mrs. Abrahamson	jabrahamson@nbtschools.org	Ext. 73019
Poru-Sheri	Mrs. Anderson	manderson@nbtschools.org	Ext. 73067
Sherj-Z	Ms. Latchaw	tlatchaw@nbtschools.org	Ext. 73016

Minimum Coursework for Graduation

Student Progress Chart

DEPARTMENT	COURSE	COURSE	COURSE	COURSE
ENGLISH	ENGLISH I	ENGLISH II	ENGLISH III	ENGLISH IV
MATH	ALGEBRA I	GEOMETRY	ALGEBRA II/Survey of Mathematics	
SCIENCE	PHYSICS	CHEMISTRY/ENVIR. SCIENCE	BIOLOGY	
HISTORY	WORLD HISTORY	US HISTORY I	US HISTORY II	
WORLD LANGUAGE	WORLD LANGUAGE	WORLD LANGUAGE (CLASS of 2025 minimum 5 credits)		
BUSINESS	FINANCIAL MANAGEMENT	COMPUTER COURSE	MISC. BUSINESS/INDUST. ARTS COURSE	
PHYS. ED	PHYS. ED I	PHYS. ED II	PHYS. ED III	PHYS. ED IV
PHYS. ED	HEALTH I	HEALTH II	HEALTH III	HEALTH IV
ART	ART (5 CREDITS)			
ADDITIONAL COURSES TO REACH A TOTAL OF 120 CREDITS	ADDITIONAL CREDITS Course_____	ADDITIONAL CREDITS Course_____	ADDITIONAL CREDITS Course_____	



Guidance and School Counseling Website

www.nbthsguidance.com

- Go to the "College Planning" drop down
 - Senior Post Secondary Planning
 - Junior Post Secondary Planning
 - Understanding Financial Aid
 - Scholarship information
 - NBTHS School Profile

NBTHS Class of 2025

Post - Secondary Plans

Employment/Apprenticeship 8.0 %
GAP Year/Exploring Options 2.0 %
4 Year College 51.0 %
2 Year College 27.0 %
Other College 10.0 %
Military 2.0 %





Post-Secondary Options

Click on the following hyperlinks to explore Post-Secondary Options

TRADE SCHOOL

MILITARY

EMPLOYMENT

**4 YEAR COLLEGE /
UNIVERSITY**

2 YEAR COLLEGE

GAP YEAR

Timeline for Juniors



March - April

- Sign up for SAT/ACT
- Individual Junior Meetings with Counselor
- Begin College Search with College Board

May-June

- AP Exams (if enrolled)
- Take SAT/ACT
- Continue using College Board to research colleges
- Schedule college visits

July-August

- Visit Colleges/College Tours
- Refine College list
- Note College Deadlines
- Begin College Applications after August 1st
- Work on Essay's & Resume

Colleges use a Holistic Approach

- Transcript/GPA
- Level of classes taken: CP, Honors AP etc.
- Letters of Recommendation (2 teachers and/or counselor)
- Extracurricular activities: clubs, sports, awards, volunteer work etc.
- Midyear grades: MP 2 Report card for Senior year
- School Report - information about NBTHS
- Essay
- SAT and/or ACT scores

College Admissions + Testing Options

Click on the following hyperlinks to explore Post-Secondary Options

SAT

[SAT Registration](#)

[SAT Dates and Deadlines](#)

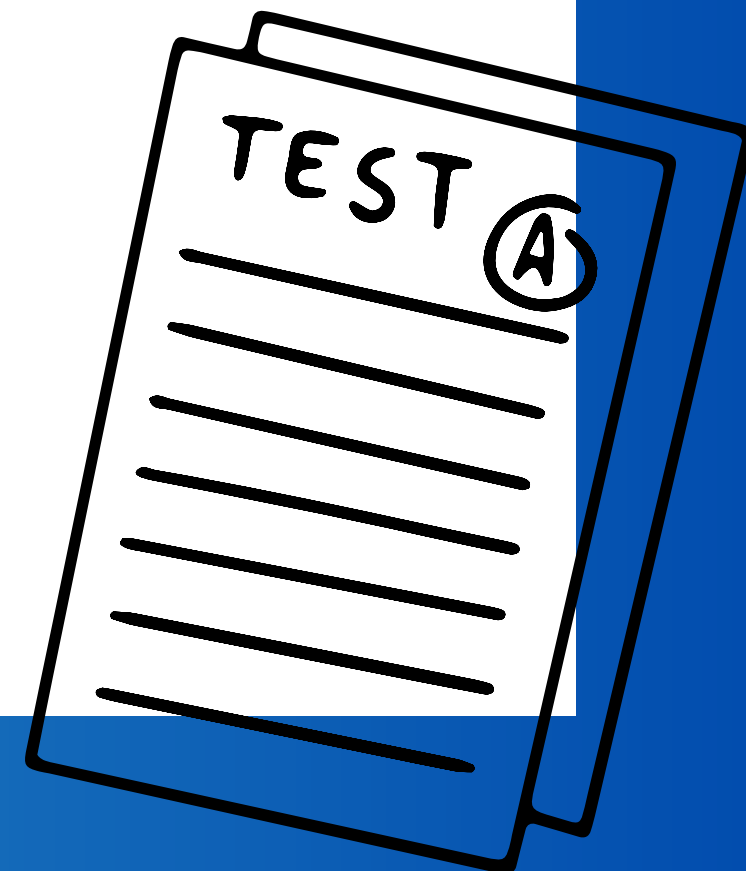
FREE SAT Prep: [Khan Academy](#)

ACT

[ACT Registration](#)

[ACT Dates and Deadlines](#)

Free ACT Prep: [Kaplan Test Prep](#)

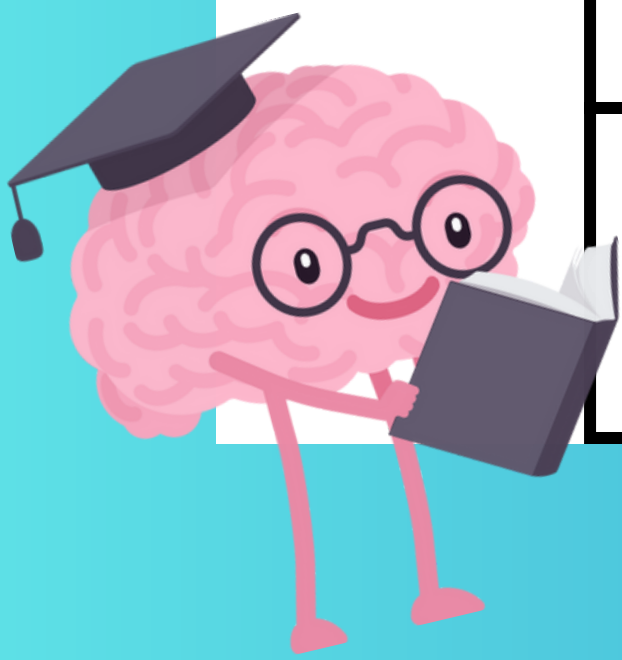
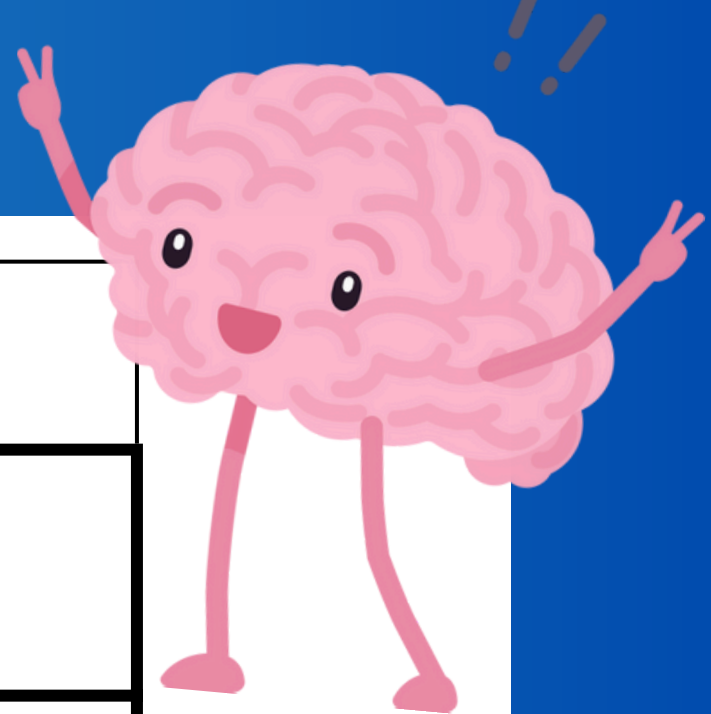


Transcripts + Grades

- Transcripts are sent to colleges at the beginning of students Senior year.
- Mid year grades are also sent to colleges that require them half way throughout the school year.
- Final transcripts are sent to colleges once final grades have been posted.

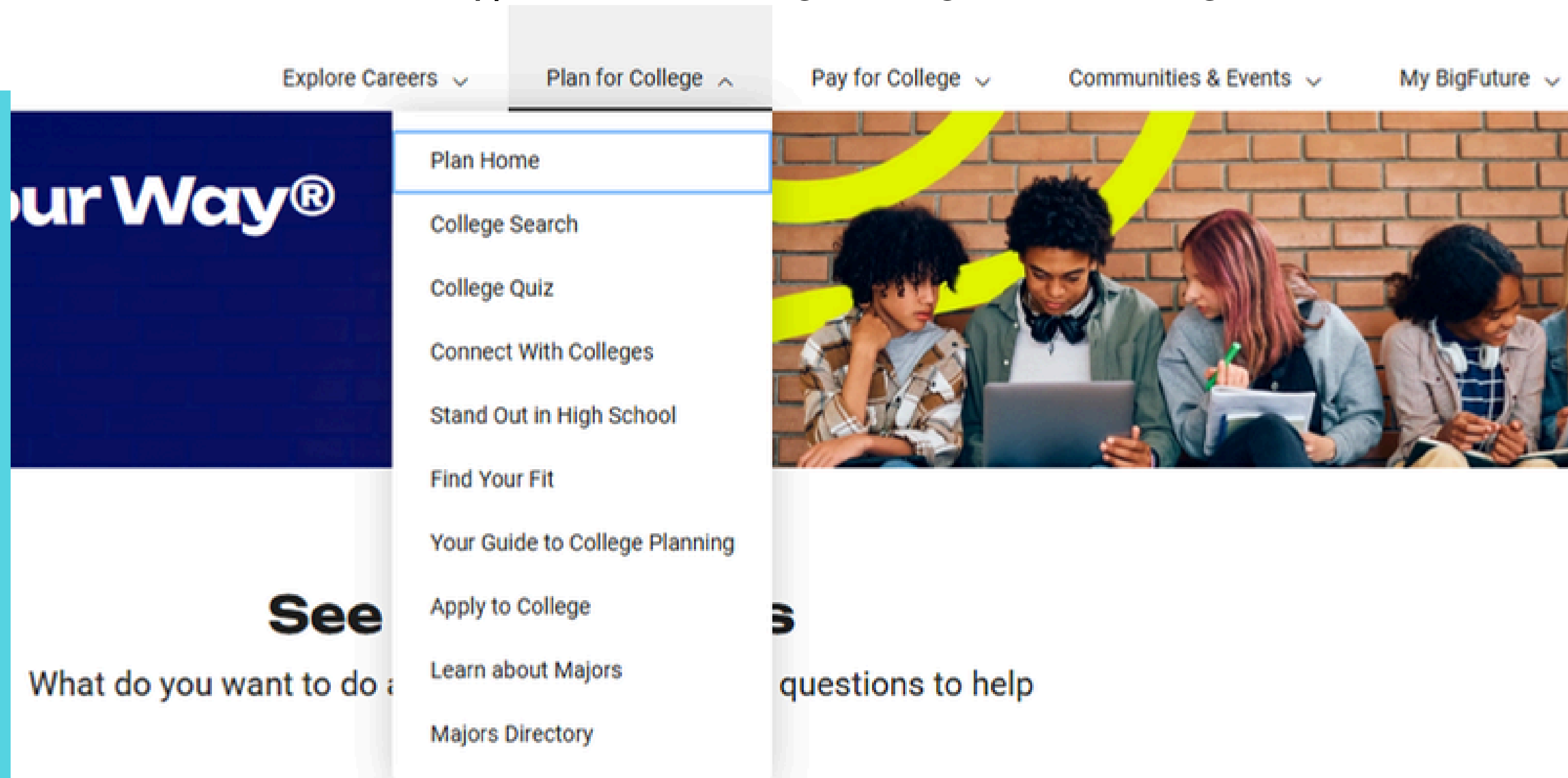
Bitalla, Stephen			311019		
Student Academic History					
(H) Honors			(AP) Advanced Placement		
Grade 09 Year 2021-22		Final Grade	Credits	Grade 10 Year 2022-23	
HONORS ENGLISH I		A-	5.000	HONORS ENGLISH II	
CP WORLD HISTORY & CULTURE		A	5.000	HONORS US HISTORY I	
CP ALGEBRA 2		A-	5.000	CP PRE CALCULUS	
CP CHEMISTRY		B+	5.000	CP BIOLOGY	
HONORS SPANISH I		B-	5.000	CP SPANISH II	
FINANCIAL MANAGEMENT		A+	2.500	PAINTING I	
INTEGRATED COMPUTER APPLICATIONS		A+	2.500	PHOTO	
PHYSICAL EDUCATION I		A	3.750	CAREER EXPLORATIONS	
HEALTH I		B-	1.250	PHYSICAL EDUCATION II	
				HEALTH II	
Unweighted GPA 3.6196		Credits		Unweighted GPA 3.5540	
Weighted GPA 3.7625		Earned	35.000	Weighted GPA 3.6873	
Grade 11 Year 2023-24		Final Grade	Credits	Grade 12 Year 2024-25	
AP ENGLISH LANGUAGE/COMPOSITION		B	5.000	HONORS ANATOMY & PHYSIOLOGY	
HONORS US HISTORY II		B+	5.000	HEALTH IV	
AMERICAN LAW		A	5.000	AP ENGLISH LITERATURE/COMPOSITION	
HONORS CALCULUS		B-	5.000	AP PSYCHOLOGY	
HON. BIOTECHNOLOGY & INVESTIGATIVE SCIENCE		A	5.000	SOCIOLOGY	
CP SPANISH III		B+	5.000	AP STATISTICS	
PHOTO STUDIO		A	2.500	HONORS MEDICAL TECHNOLOGY	
PHYSICAL EDUCATION III		A	3.750	PHYSICAL ED IV	
HEALTH III		A+	1.250		
Unweighted GPA 3.5217		Credits		Unweighted GPA	
Weighted GPA 3.7883		Earned	37.500	Weighted GPA	
Cumulative Data	Attempted	Earned		Total Q.P.	Unweighted GPA 3.5639
	110.000	113.750		412.0250	Weighted GPA 3.7457
					Rank N/A

Category	NBTHS Avg.	Top 25%	Top 5%
GPA- Grade Point Average	3.1 (B-)	3.68 (B)	4.2 (A)
SAT	1095	1210	1375
ACT	23	28	31
Extra Curricular	1-2 clubs/sports	3-4 clubs/sports some leadership positions, National Honor Society	5-6 clubs/sports, with leadership positions, National Honor Society
Volunteer Hours	0-5 hours	5-50 hours	50+ hours, student formed own club/charity



Big Future + College Board

Big Future is a college planning tool for students to research and find colleges that match their interests. Click on the hyperlink to be brought straight to the College Board webstie.



Big Future + College Board

Click on the hyperlinks for the Big Future website. Students can do a career quiz. Just go to the drop down menu and complete a career quiz or do a career search. You can also visit the [Occupational Outlook Handbook](#) for a career inventory.



Explore Careers ^

Your Future, Your

Plan for College and Career.

[Sign In](#)

[Create an Account](#)

[Explore Home](#)

[Career Search](#)

[Career Quiz](#)

[Your Guide to Career Exploration](#)

[Multiple Pathways to Success](#)

[Career Clusters](#)

◆ [Create Your Future](#)

Have a Mix of Colleges When Applying



Safety 2-3 SCHOOLS

The schools where you exceed GPA, SAT/ACT scores that are listed for average incoming freshman.

Target 2-3 SCHOOLS



Schools that are a good balance. Your GPA, SAT/ACT scores approximately are the same as other incoming Freshman. This school “hits the target” for you.



Reach 1-2 SCHOOLS

Schools that are potentially out of reach. Your GPA, SAT/ACT scores may not be within the average of other incoming freshman. You understand that your chances of being admitted are limited.

Campus Tours

Click on the following hyperlinks to explore Post-Secondary Options

NBTHS College Fair

April 9 in the Commons at 3:30-5:00

registration sign up below:



- [NACAC: National College Fairs](#)
- [New Jersey College Fair Guide](#)

Many trade schools, colleges and universities offer virtual tours of their campuses.

[College Tours](#)



The Common App

Click on the following hyperlinks to explore Post-Secondary Options

- one stop shop to apply to multiple schools -
use your personal email

What is the common app?

A digital online application that is used for over 1,000 schools!

How do I use it?

A video is linked here on how to use the common application website.

Where can I find college essay prompts?

A college essay is required for most schools. Essay prompts for the application period/year come out every year in order for students to review expected essays. They are linked here.



Most Attended Colleges @ NBTHS



Rutgers and Middlesex College are the two most attended Colleges for NBTHS students.

13% of 2025 graduates went to Rutgers
26% of 2025 graduates went to Middlesex



When applying to Rutgers



When applying to Rutgers University, students will be asked to rank their:

1. **Top 3 majors in descending order**
2. **Preferred campus in descending order**

**Students will also be asked to submit something called the
Self-reported Transcript Academic Record (STAR)**

If a student is accepted, he/she will be admitted into 1 of the 3 majors and 1
of the 3 campus' based on the strength of his/her application

Ex: Finance at RU Newark

If a student is not accepted, transfer into RU from Middlesex or other
colleges is sometimes easier than being accepted Senior year of high school.

About Middlesex



Middlesex College is a great place to start and if needed, a student can have a fresh start!

- Once 30 credits are earned (1 year) a student's college transcript is used for transfer purposes. At that point, the high school record is usually not used for transfer to a 4 year college.
- Note: The nursing program at Middlesex is competitive and has additional requirements and deadlines than all other majors

The Class of 2025

- Schools students most attended following graduation -

Middlesex College

Montclair University

Rutgers University

Kean
University

The College of
New Jersey

Temple
University

Lincoln
Tech

St. Peter's
University

Rider
University

Rowan University



Summer Check List

-things to consider the summer before you Senior year-

1. Research colleges using Big Future
2. Visit colleges, go on campus tours
3. Finalize the list of colleges you will apply to
4. Determine if Common App can be used for all applications, if not check college website for application
5. If applying to HBCU's check out the Common Black College App
6. Go to the application site to view essay prompts
7. Create a document of accomplishments, extra curricular activities and other important information that will be used on applications

MONITOR SCHOOL EMAIL FOR COLLEGE INFORMATION FROM COUNSELORS

Upcoming College Fair

NBTHS College Fair

Wednesday, March 25th 3:30-5:00
at NBTHS in the Commons



Questions?