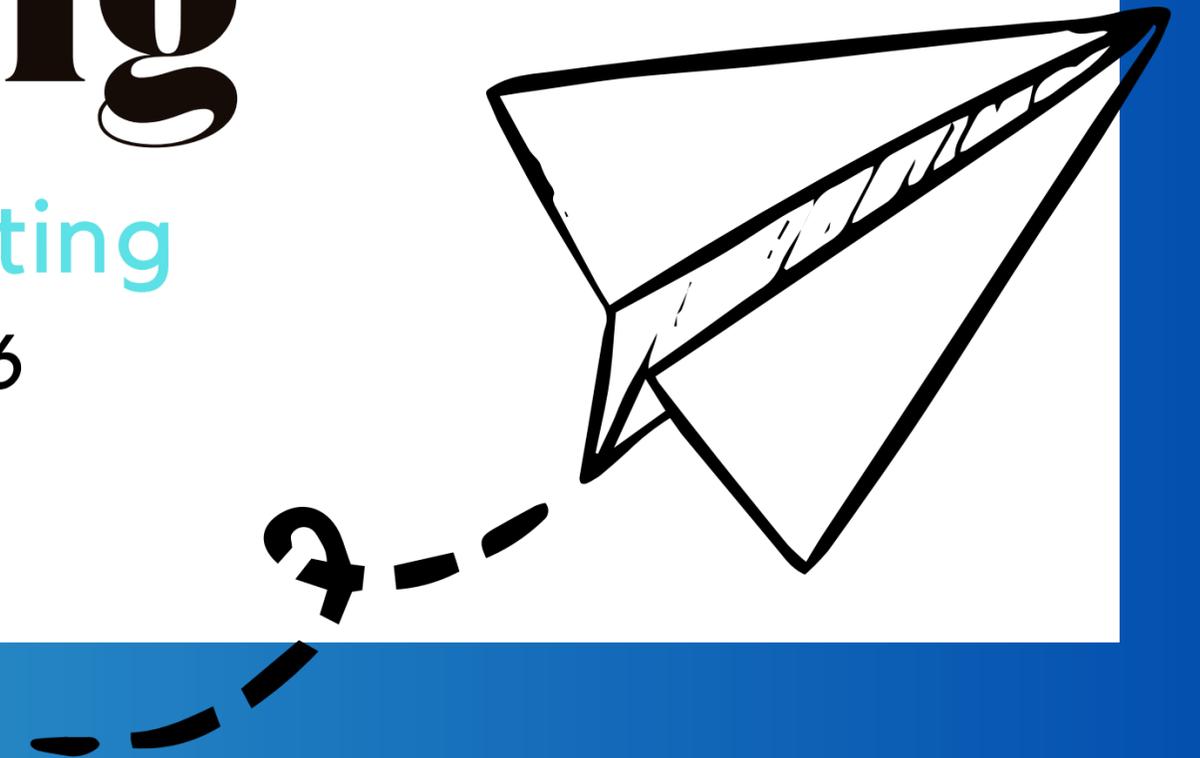


Post - Secondary Planning

Junior Parent Meeting

NBTHS Class of 2026





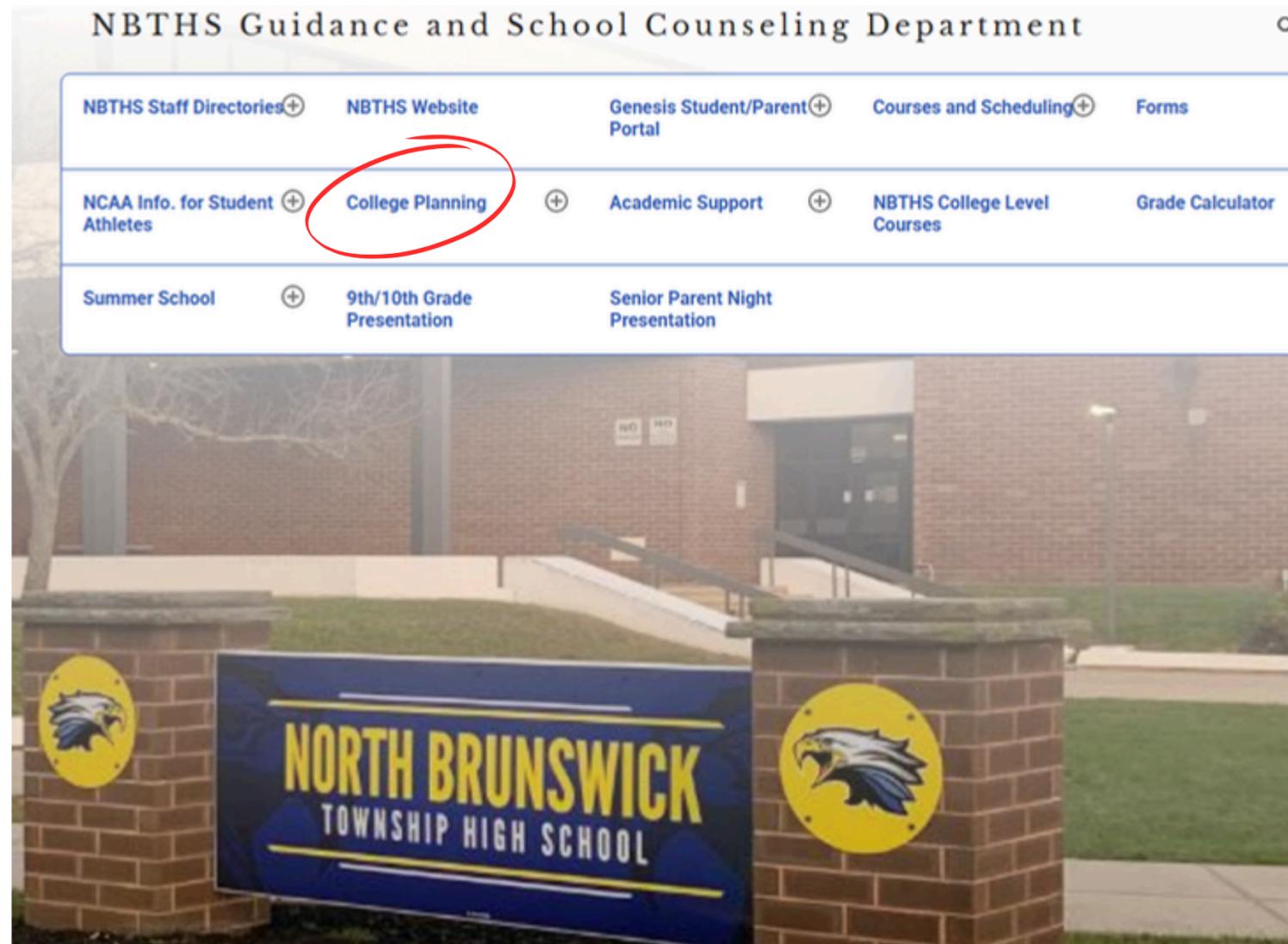
Meet the Counselors

Students' Last Names	Staff Member	Email	Telephone (732) 289-3700
A-Cama	Ms. Sadowski	asadowski@nbtschools.org	Ext. 73020
Camb-Floo	Mrs. Quiwa-Sowinski	jquiwa-sowinski@nbtschools.org	Ext. 73024
Flop-J	Mr. Bitalla	sbitalla@nbtschools.org	Ext. 73055
K-Miha	Mrs. Coleman-Cruz	rcoleman-cruz@nbtschools.org	Ext. 73017
Mihb-Port	Mrs. Abrahamson	jabrahamson@nbtschools.org	Ext. 73019
Poru-Sheri	Mrs. Anderson	manderson@nbtschools.org	Ext. 73067
Sherj-Z	Ms. Latchaw	tlatchaw@nbtschools.org	Ext. 73016

Minimum Coursework for Graduation

Student Progress Chart

DEPARTMENT	COURSE	COURSE	COURSE	COURSE
ENGLISH	ENGLISH I	ENGLISH II	ENGLISH III	ENGLISH IV
MATH	ALGEBRA I	GEOMETRY	ALGEBRA II/Survey of Mathematics	
SCIENCE	PHYSICS	CHEMISTRY/ENVIR. SCIENCE	BIOLOGY	
HISTORY	WORLD HISTORY	US HISTORY I	US HISTORY II	
WORLD LANGUAGE	WORLD LANGUAGE	WORLD LANGUAGE (CLASS of 2025 minimum 5 credits)		
BUSINESS	FINANCIAL MANAGEMENT	COMPUTER COURSE	MISC. BUSINESS/INDUST. ARTS COURSE	
PHYS. ED	PHYS. ED I	PHYS. ED II	PHYS. ED III	PHYS. ED IV
PHYS. ED	HEALTH I	HEALTH II	HEALTH III	HEALTH IV
ART	ART (5 CREDITS)			
ADDITIONAL COURSES TO REACH A TOTAL OF 120 CREDITS	ADDITIONAL CREDITS Course _____	ADDITIONAL CREDITS Course _____	ADDITIONAL CREDITS Course _____	



Guidance and School Counseling Website

www.nbthsguidance.com

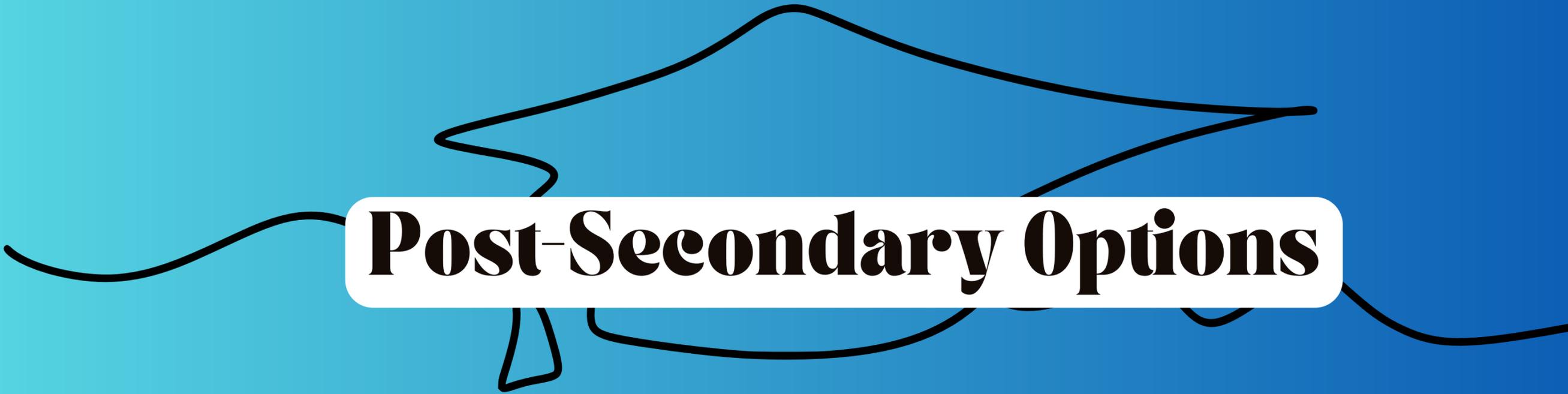
- Go to the "College Planning" drop down
 - Senior Post Secondary Planning
 - Junior Post Secondary Planning
 - Understanding Financial Aid
 - Scholarship information
 - NBTHS School Profile

NBTHS Class of 2025

Post-Secondary Plans

Employment/Apprenticeship 8.0 %
GAP Year/Exploring Options 2.0 %
4 Year College 51.0 %
2 Year College 27.0 %
Other College 10.0 %
Military 2.0 %





Post-Secondary Options



Click on the following hyperlinks to explore Post-Secondary Options

TRADE SCHOOL

MILITARY

EMPLOYMENT

**4 YEAR COLLEGE /
UNIVERSITY
(SEE FOLLOWING SLIDES)**

2 YEAR COLLEGE

GAP YEAR

Timeline for Juniors



March - April

- Sign up for SAT/ACT
- Individual Junior Meetings with Counselor
- Begin College Search with College Board
- Study and Take Advantage of SAT/ACT Prep

May-June

- AP Exams (if enrolled)
- Take SAT/ACT
- Continue using College Board to research colleges
- Schedule college visits

July-August

- Visit Colleges/College Tours
- Refine College list
- Note College Deadlines
- Begin College Applications after August 1st
- Work on Essay's & Resume

Colleges use a Holistic Approach

- Transcript/GPA
- Level of classes taken: CP, Honors AP etc.
- Letters of Recommendation (1-2 teachers and/or counselor)
- Extracurricular activities: clubs, sports, honors, awards, volunteer work etc.
- Midyear grades: MP 2 Report card for Senior year
- School Report - information about NBTHS
- Essay
- SAT and/or ACT scores

College Admissions + Testing

SAT/ACT Testing is *generally optional*, be sure to check each college or college major which may require students to take the SAT/SAT

Click on the following hyperlinks for more information.

SAT

[SAT Registration](#)

[SAT Dates and Deadlines](#)

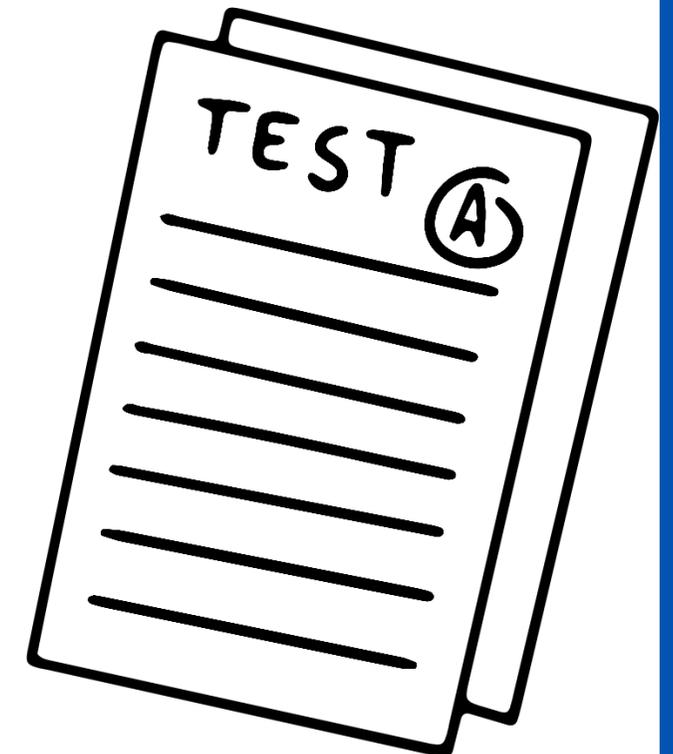
FREE SAT Prep: [Khan Academy](#)

ACT

[ACT Registration](#)

[ACT Dates and Deadlines](#)

Free ACT Prep: [Kaplan Test Prep](#)

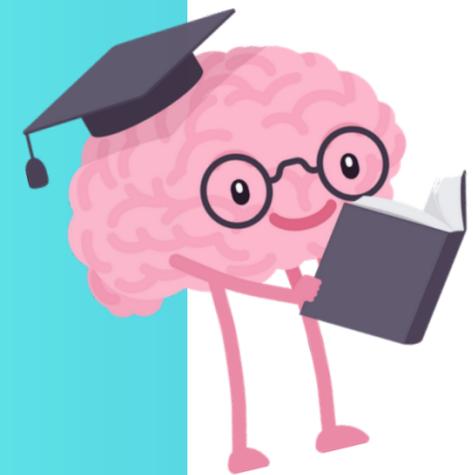


SAMPLE TRANSCRIPT

Transcripts + Grades

- Transcripts are sent to colleges at the beginning of Senior year.
- Mid year grades (MP 2 Report Card) are also sent to colleges that require them or need more evidence for an acceptance decision
- Final transcripts are sent to the college a student is attending in the fall once final grades have been posted.

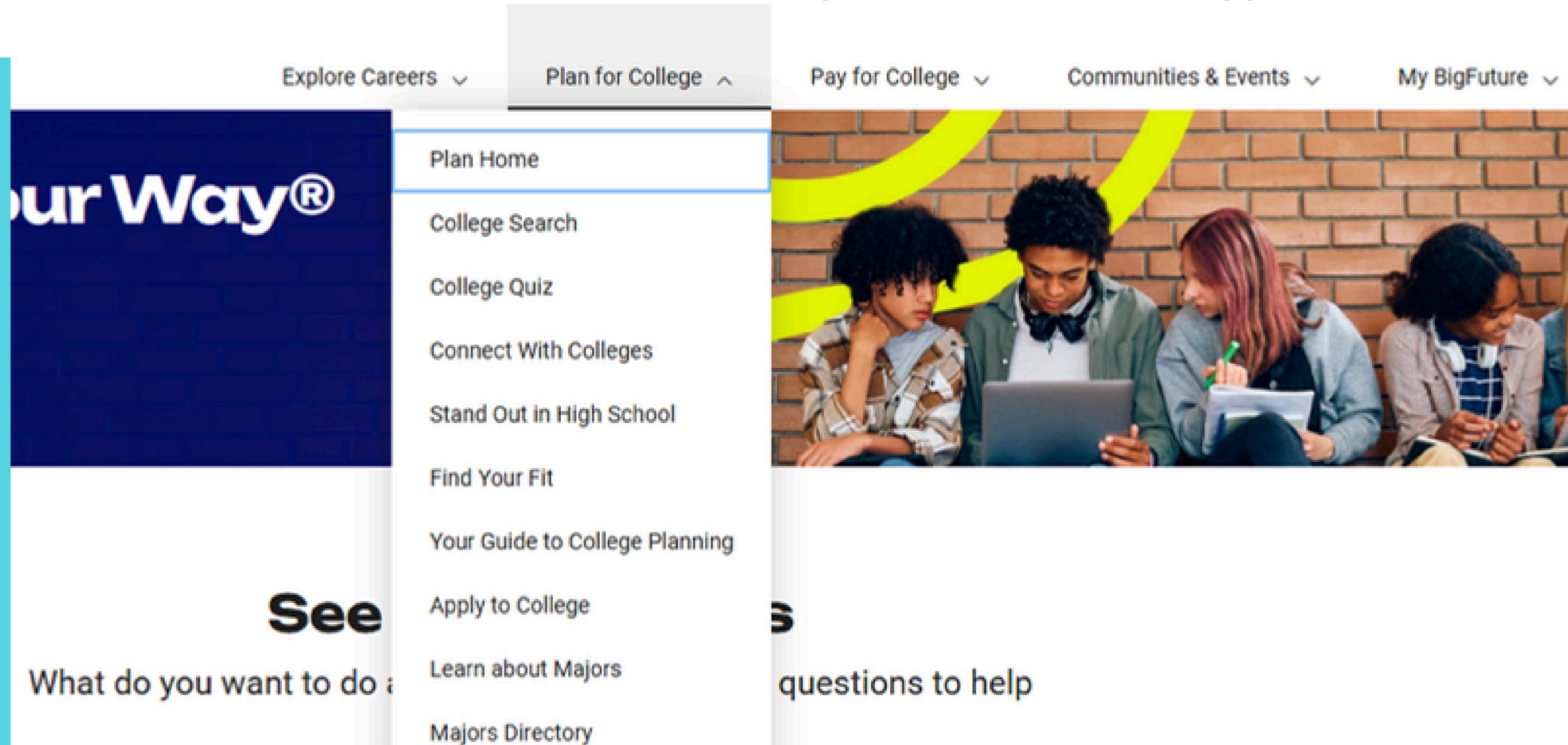
Bitalla, Stephen		311019		Student Academic History			
		(H) Honors		(AP) Advanced Placement			
Grade 09 Year 2021-22		Final Grade	Credits	Grade 10 Year 2022-23		Final Grade	Credits
HONORS ENGLISH I		A-	5.000	HONORS ENGLISH II		A-	5.000
CP WORLD HISTORY & CULTURE		A	5.000	HONORS US HISTORY I		B+	5.000
CP ALGEBRA 2		A-	5.000	CP PRE CALCULUS		B	5.000
CP CHEMISTRY		B+	5.000	CP BIOLOGY		B+	5.000
HONORS SPANISH I		B-	5.000	CP SPANISH II		B+	5.000
FINANCIAL MANAGEMENT		A+	2.500	PAINTING I		B+	2.500
INTEGRATED COMPUTER APPLICATIONS		A+	2.500	PHOTO		A	2.500
PHYSICAL EDUCATION I		A	3.750	CAREER EXPLORATIONS		A	2.500
HEALTH I		B-	1.250	PHYSICAL EDUCATION II		A+	3.750
HEALTH II						A+	1.250
Unweighted GPA 3.6196		Credits Earned 35.000		Unweighted GPA 3.5540		Credits Earned 37.500	
Weighted GPA 3.7625				Weighted GPA 3.6873			
Grade 11 Year 2023-24		Final Grade	Credits	Grade 12 Year 2024-25		Final Grade	Credits
AP ENGLISH LANGUAGE/COMPOSITION		B	5.000	HONORS ANATOMY & PHYSIOLOGY		A-	2.500
HONORS US HISTORY II		B+	5.000	HEALTH IV		A+	1.250
AMERICAN LAW		A	5.000	AP ENGLISH LITERATURE/COMPOSITION			
HONORS CALCULUS		B-	5.000	AP PSYCHOLOGY			
HON. BIOTECHNOLOGY & INVESTIGATIVE SCIENCE		A	5.000	SOCIOLOGY			
CP SPANISH III		B+	5.000	AP STATISTICS			
PHOTO STUDIO		A	2.500	HONORS MEDICAL TECHNOLOGY			
PHYSICAL EDUCATION III		A	3.750	PHYSICAL ED IV			
HEALTH III		A+	1.250				
Unweighted GPA 3.5217		Credits Earned 37.500		Unweighted GPA		Credits Earned 3.750	
Weighted GPA 3.7883				Weighted GPA			
Cumulative Data		Attempted	Earned	Total Q.P.	Unweighted GPA 3.5639	Rank N/A	
		110.000	113.750	412.0250	Weighted GPA 3.7457		



Category	NBTHS Avg.	Top 25%	Top 5%
GPA- Grade Point Average	3.1 (B-)	3.68 (B)	4.2 (A)
SAT	1095	1210	1375
ACT	23	28	32
CLASS LEVEL	College Prep (CP)	Honors, 1-2 AP classes	Multiple AP classes
Extra Curricular	1-2 clubs/sports	3-4 clubs/sports some leadership positions, National Honor Society	5-6 clubs/sports, with leadership positions, National Honor Society
Volunteer Hours	0-5 hours	5-50 hours	50+ hours, student formed own club/charity

Big Future

Big Future is a college planning tool for students to research careers and colleges that match student interests. Students should complete the "College Search" and ❤️ the colleges he/she likes to create a list of potential schools for applications in the fall.



The image shows a screenshot of the Big Future website's navigation menu. At the top, there are five main menu items: "Explore Careers" (with a dropdown arrow), "Plan for College" (with an up arrow), "Pay for College" (with a dropdown arrow), "Communities & Events" (with a dropdown arrow), and "My BigFuture" (with a dropdown arrow). The "Plan for College" menu is expanded, showing a list of options: "Plan Home", "College Search", "College Quiz", "Connect With Colleges", "Stand Out in High School", "Find Your Fit", "Your Guide to College Planning", "Apply to College", "Learn about Majors", and "Majors Directory".

On the left side of the screenshot, there is a dark blue banner with the text "our Way®". Below this banner, the word "See" is partially visible, followed by the text "What do you want to do a".

On the right side of the screenshot, there is a photograph of four diverse students sitting on a bench in front of a brick wall. They are looking at a laptop screen. Below the photograph, the text "S" and "questions to help" are partially visible.

Have a Mix of Colleges When Applying:

Review the list created using the “College Search” and categorize each college based on criteria below



Safety

2-3 COLLEGES

The colleges where you exceed the GPA, SAT/ACT scores that are required for admission.

Target

2-3 COLLEGES



Colleges that hit the target: Your GPA, SAT/ACT scores approximately are the same as required for admission. These schools “hit the target” for you.



Reach

1-2 COLLEGES

Colleges that are potentially out of reach. Your GPA, SAT/ACT scores may not be within the range of normal admission or when compared to other incoming freshman. You understand that your chances of being admitted are limited because this college is highly selective.

Campus Tours

Click on the following hyperlinks to explore Post-Secondary Options

NBTHS College Fair

March 25 in the Commons at 3:30-5:00pm

** If you can't make it, you are invited to East Brunswick HS's college fair on same night from 6-8pm**

Registration: sign up below for either one:



- [NACAC: National College Fairs](#)
- [New Jersey College Fair Guide](#)

Many trade schools, colleges and universities offer virtual tours of their campuses.

[College Tours](#)

[The College Tour](#)- series of videos highlighting certain colleges



The Common App

What is the common app?

A digital online application that is used for over 1,100 colleges!
(Be sure to use *your personal email address when registering*)

How do I use it?

A video is linked [here](#) on how to use the common application website.

Where can I find college essay prompts?

A college essay is required for most schools.
Essay prompts are available on the Common App and can be found [on that site](#)



Most Attended Colleges @ NBTHS



Rutgers University and Middlesex College are the two most attended Colleges for NBTHS students.

13% of 2025 graduates went to Rutgers
26% of 2025 graduates went to Middlesex



When applying to Rutgers



When applying to Rutgers University, students will be asked to rank their:

- **Top 3 majors in descending order**
- **Preferred campus in descending order**

**Students will also be asked to submit the
Self-reported Transcript Academic Record (STAR)**

If a student is accepted, he/she will be admitted into 1 of the 3 majors and 1 of the 3 campus' based on the strength of his/her application

Ex: Finance at RU Newark

If a student is not accepted, transfer into RU from Middlesex or other colleges is sometimes easier than being accepted Senior year of high school.

About Middlesex



Middlesex College is a great place and if needed, a student can have a fresh start!

- Once 30 credits are earned (1 year) a student's college transcript is used for transfer purposes. At that point, the high school record is usually not used for transfer to a 4 year college.
- Note: The nursing program at Middlesex is competitive and has additional requirements and deadlines than all other majors

The Class of 2025

- Schools students most attended following graduation -

Middlesex College

Montclair University

Rutgers University

Kean
University

The College of
New Jersey

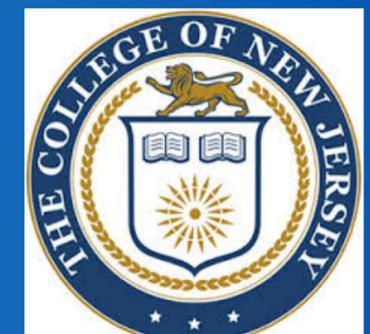
Temple
University

Lincoln
Tech

St. Peter's
University

Rider
University

Rowan University



Summer Check List

-things to consider the summer before you Senior year-

1. Research colleges using Big Future
2. Visit colleges, go on campus tours
3. Finalize the list of colleges that will receive your application
4. Determine if Common App can be used for all applications, if not check college website for the application
5. If applying to HBCU's check out the Common Black College App
6. Go to the application site to view essay prompts
7. Create a document of accomplishments, extra curricular activities and other important information that will be used on applications

MONITOR SCHOOL EMAIL FOR COLLEGE INFORMATION FROM COUNSELORS

Upcoming College Fair

NBTHS College Fair

Wednesday, March 25th 3:30-5:00
at NBTHS in the Commons



**Speak to a School Counselor
if you have any questions
or need assistance**